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- ***E mail only to your friends***
  - ***S tay safe with unknown people***
  - ***A ccept files and images only from your friends***
  - ***F riends only in your contacts***
  - ***E envolve your parents in your contacts***
  - ***T ell an adult if you feel worried***
  - ***Y oungs and children, be smart in having fun***

*Carwa*